



# La Clínica

Nogales, AZ

St. Andrew's Children's  
Clinic

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## Christmas Smiles

Christmas has come and gone but lingers in the hearts of our Clinic patients. Thanks to the many individuals and organizations who helped make this Christmas special for our many children.

Special thanks to Canchola Group of Nogales for providing 350 McDonald's Happy Meals to our children. And, thanks to Jerry Wagner who greeted the children as Santa Claus. For many, this was their only opportunity to see Santa Claus.

Saul Cebreros, age 3, is holding a wooden helicopter that he received



from the Woodworkers Club of Green Valley. You can tell by his smile that this native of Ciudad Obregon is thrilled with his gift. Saul is a patient in the **Orthopedics Department**.



Misal Moya, age 10, received a bear from students of Sts. Peter & Paul Catholic Church, Tucson. His grin says it all. Misal lives in Nogales, Son. He wears 2 hearing aids so he can hear. He is a patient in the **Audiology Department**.



Claudia Helen Italiano, age 2, selected 1 of 130 dolls donated by the Tucson Doll Guild. Claudia lives in Hermosillo.

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## More Christmas Smiles

Ro Fitzpatrick holds up one of the 50 afghans she crocheted this year for



the children. Others giving knitted caps, sweaters, & afghans are: Dorothy Bowers, Mr. & Mrs. Alan Cram, Green Valley Arts & Crafts Club, Green Valley Community Church, Mr. & Mrs. Paul Herrig, Quail Creek Needlework Club, Joan Rebhuhn, Ann Sakowski, Mr. & Mrs. William Schnelle, & Mr. & Mrs. Robert Spiros.

Moises is holding up the Christmas bell ornament that he made in the **Speech & Language Therapy Department**. Moises used a communication device to choose the color of the glitter to put on the bell.



Flor María Melinda, age 9, received one of the many blankets and quilts donated by: Mr. & Mrs. Floyd Johnson, Joan Ken-



nedy, Mr. & Mrs. Tom Sprangers, & Beatrice Vercoe. These were much appreciated, especially since the temperature was quite cold at the December Clinic.

Benjamin made a very nice Christmas card for his mother at the Arts & Crafts



table. He is 8 years old and lives in Nogales, Son.

### Clinic Wish List

If you want to donate any of these things, please call the Clinic office at (520)648-3242.

- Wheelchairs—an urgent need as we are out of child-size and adult-size wheelchairs
- Child-size chairs
- Children's chewable vitamins with minerals
- Cranberry juice—10 or 12 oz. bottles only
- Disposable bibs
- Disposable diapers
- Food supplements (Ensure, PediaSure)
- Paper goods (plates, cups, napkins)
- Physical therapy (exercise) balls
- Prune juice—small cans only
- 18" deep metal shelving for our 8'x40' mobile, mini-warehouse
- Arts & Crafts supplies: crayons, construction paper, popsicle sticks, glue, children's scissors, coloring books



## Patients Need Different Services

Karla Hessel, 1 yr., 2 mos., had cleft palate surgery in Mexico. She visited the



**Pediatrics Department** in January for a preoperative exam before additional surgery.

Esmeralda Espinosa is 5 and lives in Nogales, Son. The volunteer therapist,



Karen Mulholland in the **Low-Vision Department**, is assessing Esmeralda's ability and helping her to match shapes by touch. Karen is a Low-Vision Therapist from the School for the Blind in Tucson.

Sergio Montenegro, age 3, plays while Physical Therapist, Jil Martindale consults



with his mother. Sergio lives in Nogales, Son.

Blanca Samora, age 4, is leery of strangers so the Occupational Therapist



allows her to play alone to relax before therapy.

Blanca and Sergio are patients in the **Occupational & Physical Therapy Department**.

**We invite you to visit our Clinic.** St. Andrew's Clinic operates the first Thursday of every month except July when there is no Clinic.

E-mail our business office to make arrangements for a tour: (office@standrewsclinic.org) or call: (520)648-3242. On Clinic Day, meet the Tour Guide at the Ramada behind the Church.

### Mother's Day Project

May 10 is Mother's Day in Mexico. Because the mothers of our patients work so hard to provide care for their children, we want to give them a small gift at the May Clinic.

As we did last year, we are collecting toiletries to put into small bags. Please bring toiletries to the Clinic office. And, call the office (648-3242) if you can help to sew some of the bags—fabric and pattern provided.



## Sights Around the Clinic

In the **Orthopedics Department**, Jesus Miguel Martinez, 4 mos. old, qui-



etly drinks from a bottle. He had socks on his hands to keep them warm.

Gifts of stuffed animals, diapers, infant toys, bibs, and other baby items were appreciated by mothers like Señora Martinez. Thanks for these items donated by: Patricia Anderson, Beatrice Dow, James Eshleman, Mack McKinney, Mr. & Mrs. Theodore Memmel, Petty Products, William & Barbara Proft, Jr., Sandy Singleton, and the Valley Presbyterian Church.

Thanks also to the St. Andrew's Episcopal Church Women and other volunteers who assembled the Santa's sacks given to each child.

Patricia Martinez, Board member, leads a tour group on Clinic day.



(l-r): A. Loew, J. Loew, D. Lee, P. Martinez

Students from Lourdes Academy, Nogales, AZ, brought dental kits for the chil-



(l-r): A. Garay, C. Martinez, A. Wooloslk, A. Silva.

dren at the January Clinic. Students of Suzanne Schenkel collected toothbrushes, water glasses, dental floss and toothpaste for the kits. Cash donations were used to purchase needed items. This is a wonderful example of "kids helping kids."

Tania Guzman, 4 yrs. old, shows how she can walk now. Previously, she used a walker. Then, she was fitted with new shoes and can now walk on her own, although she is still a bit unsteady about it. As her expression shows, she is very excited about being able to walk on her own.



### Calendar of Events

- Mar. 3—St. Andrew's Children's Clinic, Nogales, AZ
- Mar. 11—Home Tour, St. Francis-in-the-Valley Episcopal Church, Green Valley, 10:00 a.m.-4:00 p.m.
- Mar. 31—Clinic Administrative Office Open House, Green Valley, 11:00 a.m.-3:00 p.m.
- Apr. 7—St. Andrew's Children's Clinic, Nogales, AZ
- Apr. 9—St. Andrew's Episcopal Church Tardeada, Hacienda Corona de Guevavi, Nogales, 2:00-5:00 p.m.
- Apr. 17—Fitzsimmons Voice Recital, St. Francis-in-the-Valley Episcopal Church, 3:00 p.m.



## Miracles Made Possible with Your Support in 2004

2,000 indigent Mexican infants and children received:

2,652 Clinic visits by volunteer doctors

1,469 medication prescriptions filled

103 office visits (U.S.A. & Mexico)

380 medical diagnostic tests

34 orthopedic surgeries

4 cleft palate surgeries

14 eye and 1 brain surgery

6 prostheses (legs, arms, eyes)

69 pairs of orthotic footwear

62 hearing aids

62 pairs of eye glasses

and

wheelchairs, strollers, walkers, food & nutritional supplements, adaptive equipment, personal care items, clothing, toys

Thank you!



Monserrat Armendariz, age 2, walks with a walker for the first time. She is from Huatabampo.

## Administrative Office Is Moving

Effective March 7, our new administrative office will be located at 75 Calle de las Tiendas, Suite 127B, Green Valley. We will have more space to collect needed supplies and to have volunteers help us in the office with a variety of fun tasks!

Our Open House is scheduled for Thursday, March 31, 2005 from 11:00 a.m. to 3:00 p.m. Please mark your calendar and visit us in our new office space.

## You're Invited to a Voice Recital

Vicki Fitzsimmons, soprano, is giving a Voice Recital for the benefit of St. Andrew's Children's Clinic. The Recital will be 3:00 p.m. Sunday, April 17 in the Parish Hall at St. Francis-in-the-Valley Episcopal Church in Green Valley.

Vicki will sing several sacred songs, accompanied by Gordon Swanson. Her special guest is Tamara Kahrmanis, cantor at Our Lady of the Valley Catholic Church in Green Valley. Vicki and

Tamara will sing two duets, and Tamara will perform a piano solo.

Vicki recently performed a recital of Italian arias and art songs at St. Andrew's Episcopal Church, Nogales, AZ. She is a member of the St. Andrew's Choir.

The Recital is free, but attendees are asked to bring a donation for the Clinic, either a cash donation or something on the Clinic wish list—located on page 2 of this newsletter.



## Spotlight on Volunteers

Carol Lyons assists Dr. McGahey, the Clinic pharmacist with dispensation



of samples of medicines. This saves the Clinic a lot of money. Carol lives in Green Valley and has been a Clinic volunteer for 2½ years. “I love the people—being able to give back to the community.” Carol is a retired nurse.

Probably the youngest volunteer is Carolina Romero, age 10. Her grandmother is Patient Coordinator, Coca Romero. Because Carolina had vacation



from school, she was able to interpret in the **Low-Vision Department** in December. Carolina lives in Nogales, Son.

Several husbands and wives volunteer at the Clinic. Bobbie and Chuck Harman are two such volunteers.

Bobbie is an R.N. who volunteers in the **Nursing Department**. The nurses



weigh and graph the patient’s weight and height, get records in order, and get the patient ready to see the physicians in the **Pediatrics Department**. Bobbie says, “I love the contact with the families and patients. I’ve been here 5 years—long enough that I’ve seen changes in some of the children as they come back year after year, and it’s very gratifying. The families are so grateful for what help they get. It’s just very heartwarming.”

Chuck is the one-person parking team. He leaves his house in Green Valley about 6:15 a.m. on Clinic day so he can get the traffic signs out and start directing people to parking places. Even with carpooling, 100 volunteers and 250 or so patients require a lot of parking spaces. Chuck does a fine job, in cold or hot weather, rain or shine. At right he warms up with a cup of coffee on a cold December morning.



### Vehicle Donation Process

We are now accepting donated vehicles. We will provide free and timely pick up of donated vehicles and supply donors with appropriate documentation for tax-deductible donations.

It’s easier to donate a used car than it is to sell it—no expensive ads, no showing the car, no DMV lines, no confusing paperwork! The tax savings might be more than the donor would receive on a trade-in.

Best of all, vehicle donation means medical care for a child.

Call the Clinic office to make arrangements: 648-3242.



## Donors Are Important!

St. Francis-in-the-Valley Episcopal Church in Green Valley has been one of the many religious groups providing continued support to the Clinic. We salute them this month for their important support.

St. Francis contributes in many ways—financial support, provision of supplies, and volunteers. The Church has an Outreach Committee, chaired by Marilyn Van Zyl, that allocates funds received from the Church budget each year. The mission of the Outreach Committee is to provide money to organizations that provide the necessities of living to those in need. Organizations in Pima and Santa Cruz Counties are eligible for funding consideration. They present their need and financial reports to the Committee. The Clinic is one of the top organizations for funding.



The Episcopal Church Women also support the Clinic through their yearly Home Tour. This year the Home Tour is Friday, March 11, 10:00 a.m.-4:00 p.m. Six different and unusual homes will be on tour. Tickets are \$15 and available at the Church and several Green Valley businesses in Continental Mall. All proceeds go to outreach; last year that amount was \$16,000, and the Clinic received a portion of that amount.

Anna Carballo, from Navajoa, is one of the many children who will benefit from funds donated by religious groups and individuals.



Anna has Down's Syndrome and will need continuing medical care as she grows. Other children need braces and orthotics replaced as they grow. Still others need anti-seizure medications on a regular basis. All these needs require continuing contributions from our many donors. Thanks!

## St. Andrew's Church Upcoming Tardeada

The Clinic will benefit from the upcoming Tardeada sponsored by the St. Andrew's Episcopal Church Women on Saturday, April 9, 2:00-5:00 p.m. A Tardeada is an afternoon party.

The Tardeada will be at Hacienda Corona de Guevavi in Nogales, AZ. This is a newly-renovated bed and breakfast and historic ranch. There will be a fashion show of Mexican and South American costumes from the Pimeria

Alta Museum in Nogales, AZ and much delicious food.

Tickets are \$25 for adults and \$10 for children, 5-10 years old. Tickets will be available after March 1 at the St. Andrew's Clinic administrative office in Green Valley (648-3242) and St. Andrew's Episcopal Church in Nogales (281-1523).

### Religious Groups Providing Support to the Clinic in 2004:

All Saints of the Desert  
 Arivaca Christian Center  
 Christ Church of the Ascension  
 Episcopal Church Women  
 Christ the King Episcopal Church  
 Desert Hills Lutheran Church  
 Dove of Peace  
 Episcopal Campus Ministry  
 Episcopal Church of Arizona  
 Episcopal Church of the Atonement  
 Episcopal Church of the Transfiguration  
 Episcopal Diocese of Nevada  
 Good Shepherd United Christian Church  
 Grace-St. Paul's Episcopal Church  
 Green Valley Community Church  
 Lutheran Church of the Risen Savior  
 Oro Valley United Church  
 Our Lady of the Valley Church  
 San Xavier del Bac Mission  
 St. Alban's Episcopal Church  
 St. Andrew's Episcopal Church  
 St. Anthony on the Desert  
 St. Bartholomew's Episcopal Church  
 St. Christopher's Episcopal Church  
 St. Cirilo Nucleos Familias  
 St. Francis-in-the-Valley Episcopal Church  
 St. Francis-in-the-Valley Episcopal Church Women  
 St. John the Baptist Episcopal Church  
 St. John's Episcopal Church Women  
 St. Michael & All Angels  
 St. Paul's Episcopal Church, Payson  
 St. Peter & Paul Catholic School  
 St., Stephen's of Sierra Vista  
 St. Teresa's Guild  
 St. Thomas the Apostle Pre-school  
 Temple Emanu-El Mitzvah  
 Unity Church, Green Valley  
 Valley Presbyterian Church

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serving Mexico's indigent children  
for over 30 years

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## Our Children Say "Hola"



Vivian Gastelum (left) waves "hi" to all our readers. She is almost 2 yrs. old. She came to the Clinic for new braces for her legs. Vivian lives in Nogales, Son. She is a patient in the **Orthotics Department**.

Jesus Marquez (right), a patient in the **Orthopedics Department**, is 3 years old. He lives in Hermosillo.

Both patients were bundled up because of the cold weather at the January Clinic. Although winter in southern Arizona does

not get as cold as many parts of the country, the early morning temperatures of 30-40 degrees can be very bitter, especially for people not used to such temperatures. Because there is a long line of patients and families waiting to enter the Clinic when it opens, many children are out in the cold for perhaps an hour. Warm clothes and blankets are especially appreciated!

