



**St. Andrew's  
Children's Clinic**

# *La Clínica*

**Nogales, Arizona**

**Fall 2014**

**F**or 41 years, St. Andrew's Children's Clinic has provided free, specialized medical care to children living in Mexico who cannot get the care or afford the care they need in their home country. The Clinic is held at St. Andrew's Episcopal Church in Nogales, Arizona.



Yalitzia Castillo Valdez, age 4, was missing a bone in her leg; it wouldn't grow so the leg was amputated at Shriners Hospital. The Clinic fitted her with a prosthesis. She returns to The Clinic regularly to have the prosthesis checked and adjusted as needed. When she has a growth spurt, a new prosthesis will be made for her.

**St. Andrew's Children's Clinic** is a non-denominational, non-profit organization, with a volunteer professional health care staff. The staff sees approximately 225-250 children the first Thursday of each month except July. Every October, in cooperation with Children's Surgery International and CIMA Hospital, approximately 40-45 children have cleft palate/cleft lip surgery in Hermosillo, Sonora, Mexico. This special mission involves volunteers on both sides of the US-Mexico border who work with the medical team to give patients smiles and a much better life.

**In 2013, with the help of generous donors and volunteers,  
St. Andrew's Children's Clinic provided the following:**

- 3,925 Clinic hours by volunteer health care professionals
- 6,238 Clinic hours by other volunteers
- 2,423 patient visits
- 148 first-time patients to The Clinic
- 149 office visits (US and Mexico)
- 187 lab tests (US and Mexico)
- 39 cleft palate/cleft lip surgeries
- 270 professional health volunteer hours for cleft palate/lip surgeries
- 15 eye doctor/surgeries
- 35 orthopedic surgeries
- 118 pairs of eye glasses dispensed
- 37 round-trip flights and transportation to hospitals for patients
- 39 prostheses
- 192 pairs of corrective shoes and orthotics
- 69 repaired hearing aids
- 34 customized wheel chairs, walkers, and strollers
- 13 prescriptions, either for cornea transplants or dermatology patients

**We are very proud to report to you that 98% of all  
donations goes to patient care.**

# 10th Annual Cleft Palate/Cleft Lip Mission—October 2014

In October, staff members and volunteers journeyed once again to Hermosillo for the Annual Cleft Palate/Cleft Lip Mission. Medical staff from Children's Surgery International of Minneapolis flew in to perform the surgeries at CIMA Hospital, a first-rate hospital in Hermosillo. The CIMA Voluntariado had everything organized and facilitated each day's work. They even entertained the children during the long day's wait.



The Voluntariado are a group of ladies from all walks of life who give of their time free of charge at CIMA Hospital. They also raise money for CIMA patients who cannot afford hospital care.

There were approximately 85 children screened. Those not selected for surgery were deferred for 1-3 years to allow for bone growth and maturity.

Forty-six children had surgery. Procedures included: cleft lip repair, cleft palate repair, dental extraction, rhinoplasty, and

bone graft. Some children had more than one type of surgery. One child selected for surgery was deferred to next year because he had a fever on surgery day.

Some highlights of the day are pictured here. When word was received that the medical team was on its way from the airport, patients and parents lined up ready to sing their welcome song to the tune of *Cielito Lindo*.



Our Executive Director, Laura Romero, translated for the doctors. Here she is with some of the medical team just after they arrived by bus from the airport.



Patients had books to read during the pre-operative wait.



Thanks to a donation from the Apgar Foundation, we were able to have an extra day of surgery.



Another donor stepped up to help fund part of the remainder of The Mission. He pledged \$20,000 if The Clinic received matching funds from other donors. Thanks to our loyal donors, this pledge was met.

Daira Duarte was one of the surgery patients who received a blanket donated by volunteers. It was a welcome treat.



## Then and Now, Cleft Lip Patients

## Clinic Wish List

Inari Guadalupe Ponce Lugo was just 2 months, 2 days



old when she came to the 2013 Annual Cleft Palate/Cleft Lip in Hermosillo. She was born with a cleft lip. Inari and her family live in Nogales, Son.



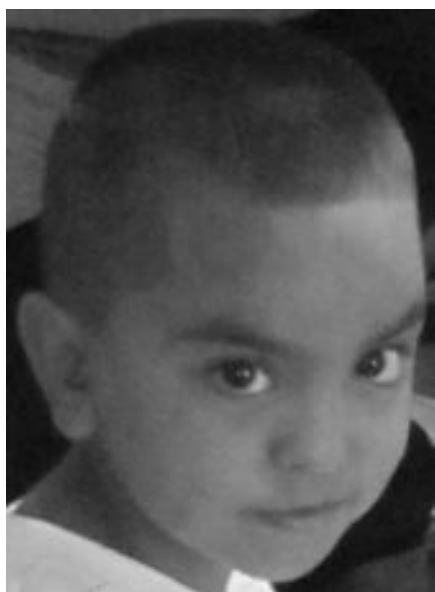
Isn't she beautiful? A year later, Inari and her parents returned to the 2014 Mission for a check up. Doctors noted that she is doing well and no further surgery is needed. Inari will continue to be seen at St. Andrew's Children's Clinic in Nogales, AZ for speech therapy.

Alan Valenzuela Lopez (top right) was 7 months old when he came to the 2010 Annual Cleft Palate/Cleft Lip Mission. He had an initial cleft lip surgery sometime after birth. He had a cleft lip revision at our Mission in Hermosillo in 2010. This photo was taken prior to the lip revision.

At age 4½, he continues to come to The Clinic for speech



therapy. Here he is pictured at the August Clinic where he was working with the speech therapist on the correct pronunciation of sounds.



To donate any of the items below, please call the Clinic office in Green Valley at:

(520) 648-3242 or e-mail [office@standrewsclinic.org](mailto:office@standrewsclinic.org)

- AA Batteries for speech/language devices
  - Benefiber
  - Blenders
  - Breakfast drinks (powder or can)
  - Clorox wipes
  - Disposable bibs
  - Disposable diapers (esp. newborn size)
  - Eyeglass frames (children's, used)
  - Ground flaxseed meal
  - Hand sanitizers
  - Hearing aids (used) and batteries
  - Milk of Magnesia
  - Peanut butter
  - Pediasure (generic okay)
  - Physical therapy (exercise) balls (45 cm & 55 cm)
  - Physio rolls "peanut balls" (30 cm & 40 cm)
  - Powdered milk
  - Prune juice—small cans only
  - Receiving blankets
  - Trash bags with drawstring
  - Umbrella strollers (available at Wal-Mart)
  - Vitamins, adult
  - Vitamins, children's chewable with iron
  - Wipes
  - Ziploc bags—quart size only
- Volunteer drivers are needed to transport patients from the Border to the Tucson airport and return.

We also need volunteers to answer the telephone in the Green Valley Clinic business office, file, and do data entry or special projects.

To volunteer, call The Clinic office at (520) 648-3242.

## Patients Need Different Services

St. Andrew's Children's Clinic began with children needing speech and language therapy and quickly grew into an orthopedic clinic. It wasn't long before doctors noticed other problems that the children have. That's how we grew into a clinic that has twelve to fifteen special areas.



One special area is **Dental Hygiene**. Above, Pat Karlsrud, RDH, applies fluoride to Julie O. Patricio, age 6, from Caborca, Son.

Our hygienists work in collaboration with Mariposa Clinic and First Things First. They apply fluoride on all patients ages 1-6 years. When toothbrushes and toothpaste are available, they are distributed to all patients with instructions on how to brush their teeth.

Donations of toothbrushes and toothpaste are always welcome.



David Molina, age 2 years, sits in his new stroller provided by nurses in the **Pediatric Nursing** area. David and his mother live in Hermosillo, Son.

The nurses noticed that mothers did not have strollers and carried their children from their homes and throughout The Clinic. They initiated a stroller donation program, and each month provide a stroller to each patient who needs one.

Abel Garcia, age 5, lives in Nogales, Son. He is an **orthopedic** patient and is being examined by Dr. James Hayes.



Melissa Barrigan, age 6, receives calming treatment from Reiki Therapist Cheyenne McMaster, RM/T. Melissa lives in Caborca, Son. Parents of children report that their child's appetite increases and that they are more alert and socially responsive at home after an energy healing session at Clinic.

The **Reiki therapists** also teach parents who want to learn Reiki therapy. In this way, they can continue treating their children throughout the month between Clinic visits.



## Patients Need Different Services

Ian Antonio Esiriu Encinas, age 4, lives in Ciudad Obregon, Son. He was at the September Clinic to have his hearing



tested in the **Audiology Department**. We are fortunate to have a trailer with two sound-proof rooms to test hearing. The trailer was donated several years ago by Mid-town SERTOMA of Tucson. Without the trailer, it was difficult to accurately test hearing. With 225-250 patients accompanied by at least one parent at each clinic, there is a general hum of healing at all times.

Moises Marin, age 16, proudly displays his new I-Pad that he can use to communicate with family, friends, and teachers. The I-Pad is programed with a special speech communication program that allows him to select icons to make sentences; the program then “speaks” for him through the voice feature. Moises has Down Syndrome and is speech impaired. He is a patient in the **Speech and Language Therapy Department**. He is also proud that he is a Special Olympics Champion. Moises lives in Santa Ana, Son.



Hector Joaquin Padilla Mungia, age 3, lives in Hermosillo, Son. His right hand is being examined by the hand specialist from Shriners Hospital in the **Orthopedics Department**.

His fingers on that hand are fused together.



## Please Visit Us

Clinic Day tours for groups of 4-6 people are offered to the public (please see our calendar on the last page). The Clinic takes place at St. Andrew's Episcopal Church, 969 W. Country Club Dr., Nogales, Arizona. Take exit 8 from I-19 to Country Club Drive (the first traffic light) and turn right. You'll see the Church on the left.

Reservations are needed for tours. To reserve your place on a morning tour, please call the Clinic office in Green Valley at: (520) 648-3242 or e-mail: [office@standrewsclinic.org](mailto:office@standrewsclinic.org)

Each tour will begin with a video overview of The Clinic in operation. Then, a volunteer guide will lead the tour through The Clinic. Visitors are asked to refrain from taking photographs without permission.

**Please note:** From the Welcome Table, you will need to walk several hundred yards over our unpaved, uneven and slightly uphill driveway to the Ramada for the video and beginning of the tour. You will find that there are several congested areas in The Clinic. Please give right-of-way to Clinic patients and volunteers. Thank you!

## Patients Need Different Services

**D**r. Glen Baird of Shriners, Spokane, examines Leyva Eder in the **Orthopedics Department**. Leyva is 16 and lives in Huatabampo, Son. He has right knee discord meniscus.



If Leyva needs surgery, it will be done at Shriners Hospital with no cost to The Clinic or patient. We are fortunate to have a relationship with Shriners Hospitals in Spokane and Sacramento. A medical team from the two hospitals alternate months in coming to our clinic. They assess children for surgery and follow-up on children who have had surgery.

St. Andrew's Children's Clinic pays transportation costs of the patient and accompanying parent. Flights must be booked when there is an opening in the surgery schedule so we are unable to take advantage of special air fares. It costs us about \$1,000 for a patient and parent to fly round-trip.



José Roman Martinez, age 9, is wearing new glasses that he received in the **Vision Department**. Optometrist Suzanne Maya talks with him to see if the glasses fit correctly. Each Clinic patient can receive one pair of glasses a year unless medically necessary for a more frequent prescription. As with all Clinic services, the glasses are free of charge to the family.

Tadeo Mendoza has cerebral palsy. Physical therapist, Nanette Burnett, works with Tadeo on balance and



strengthening his muscles. With her is Eddie Mata who is serving as interpreter. Tadeo lives in an orphanage with his siblings in Magdalena Son.



Jesus Alfredo Huerta is happy because he is going to get new shoes. Patients needing special shoes for AFOs or prostheses or to correct a foot problem are fitted by our Certified Pedorthist, The Reverend Michael Meyers, in the **Orthotics Department**. Jesus is a teenager and lives in Guaymas.

## e-Script—Another Way to Give to The Clinic

**I**t's easy to register St. Andrew's Children's Clinic as a beneficiary with the e-Script program—automatically donating a percentage of your purchases to The Clinic.

Grocery, online and restaurant purchases all qualify when

you register your loyalty card or credit/debit card. Ask your merchant(s) if they participate and what is their procedure. For example, you can register at Safeway by telephone: 1-800-400-7878, press 2 and a real person will ask for your Safeway Club

Card number and your address.

Online, go to [www.escrip.com](http://www.escrip.com) and follow "Make a Difference in Four Easy Steps."

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## Wine and Cheese Among the Trees Benefit

The 25th Annual Wine and Cheese Among the Trees, hosted by Nogales residents Lou Clapper and Richard DeLong will benefit St. Andrew's Children's Clinic. The event will be held Sunday, December 7, from 2 p.m. to 6 p.m. in the hosts' home at 781 N. Linda Vista Drive, Nogales, AZ.

Enjoy four varieties of wine and about 10 different cheeses and several pâtés while viewing 20 to 25 distinctly decorated trees (mostly different each year) and numerous nativity scenes. (Non-alcoholic beverages

are also available.) Also enjoy a portion of the largest private collection of the late Hugh Cabot's art work.



Tickets, \$25 for adults and \$5 for children, are available by calling Clapper and DeLong at (520) 287-5929, St. Andrew's Children's Clinic office in Green Valley located at 75 Calle De Las Tiendas, Suite #129B, phone (520) 648-3242. Tickets are available at the door. Entire ticket price benefits The Clinic as the hosts underwrite the costs.

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## White Elephant Parade and Distribution Day

As we went to press, staff and volunteers were busy preparing our float for the annual White Elephant Parade which will be Saturday, October 25. Last year our float won first place in our division; this was the second time in recent history that we took first place.

This parade is good visibility for St. Andrew's Children's Clinic in a community where many of our donors and volunteers live.

Each fall, St. Andrew's has an opportunity to apply to the White Elephant for funding awarded at their December Distribution Day. (White Elephant is a large thrift store in Green Valley.) All grant applications are reviewed by a committee; committee members visit the organizations throughout the year. Over 100 organizations in southern Pima and Santa Cruz counties may apply. Last year, St. Andrew's Children's Clinic received \$58,000.

We will post Parade photos and results of this year's Distribution Day on our web site: [www.standrewsclinic.org](http://www.standrewsclinic.org).



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## Remember the Clinic for Memorials and in Your Will

Looking for a way to honor someone special in your life? A contribution to The Clinic is a nice way to honor someone special—to say thank you, happy birthday, happy anniversary, etc. It will also help patients who need The Clinic's services.

Send your check in the envelope enclosed with this newsletter. Include the information about the memorial or honoring. The Clinic office will send the person notice of the memorial or honoring. For memorials listed in obituaries, please

include the correct name and address: St. Andrew's Children's Clinic, P.O. Box 67, Green Valley, AZ 85622.

Another way to help The Clinic is to include a contribution in your will. Contact your lawyer for help with this.



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**La Clínica**

NONPROFIT  
ORGANIZATION  
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**Website:**

www.standrewsclinic.org

## Clinic Calendar

The Clinic meets on the first Thursday of every month except July.

- November 6 (Clinic)
- December 4 (Clinic)
- January 8, 2015 (Clinic)  
NOTE:2ndThurs.
- February 5 (Clinic)
- March 5 (Clinic)

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St. Andrew's Children's Clinic

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Orthopedics patients, Silvia Mascareña, shows the doctors in the **Orthopedics Department** how she can walk with her walker. Silvia has cerebral palsy. Her mother works with her a great deal to get her walking. This is typical of of patients' parents; they all work hard with therapy during the time between visits to The Clinic.

Silvia is 5 years old. She is a Shriners patient.

The mission of St. Andrew's Children's Clinic in Nogales, Arizona is to provide free, specialized medical care to children living in Mexico who cannot get the care or afford the care they need in their home country.

St. Andrew's Children's Clinic receives funding from individuals, churches, organizations, corporations, and foundations. No government funding is received from either the United States or Mexico. Of donations received, 98% goes to direct patient care.