



**St. Andrew's
Children's Clinic**

La Clínica

Nogales, Arizona

Summer 2015

Annual Cleft Palate/Cleft Lip Mission

October 3-6, 2015 is the **Annual Cleft Palate/Cleft Lip Mission** held at CIMA Hospital in Hermosillo. We partner with CIMA and Children's Surgery International (the surgical team) to bring life-changing surgery to children living in Mexico. This is the 11th year for this mission.

We help children like Liahm Vega Moroyoqui, 3 months old,



who was born with a double cleft lip and bilateral cleft palate. Liahm lives in Imuris, Sonora.

Because Liahm's clefts are so involved, he will need several surgeries over succeeding years. When we accept a patient into our program, we make a commitment to provide all the surgeries, nutritional advice, supplements, and speech therapy that he/she needs.

Each child is examined by a pediatrician before surgery to determine if he/she is well enough for surgery. For babies, in particular, adequate weight is necessary. To help babies like Liahm attain adequate weight, our nutri-

tionists provide Haberman bottles and nipples along with formula if needed. The cleft palate/cleft lip babies cannot suck like normal babies so they need these special bottles to ensure they get adequate nutritional milk.

At 6 months, Mateo Rios Izquierdo is ready for baby food. He, too, has a double cleft lip and a cleft palate. We have an occupational therapist in our **Nutrition Department** who introduces the baby to food and teaches the



mother how to encourage the child to eat. Mateo was so excited that he grabbed the spoon to get the food faster. Mateo lives in Nogales, Sonora.

Luís Javier Urbalejo, age 2 years, 3 months, lives in Nogales, Sonora (photo on right). He was born with both cleft lip and cleft palate. He has had both cleft lip and cleft palate surgeries at our



Annual Missions in 2013 and 2014.

Following surgery, Luís continued to be seen in the **Nutrition Department** to be sure that he gained weight at a normal rate. In April, the nutritionists examined him and were very pleased with his progress. Consequently, he was dismissed from the **Nutrition Department**.

Luís will begin seeing a speech therapist in our **Speech and Language Therapy Department** as his speech develops. Any future surgery on his cleft palate will be done when the palate is more developed.

Patients Need Different Services

David Molina Duarte, age 2 years, lives in Hermosillo, Sonora. He has congenital scoliosis.



osis. Above, David and his father listen to the doctor.

David will need a series of operations about every 6 months for several years so the doctors can correct his situation and give him a much better quality of life.

Below, orthopedic surgeon Dr. James Hayes draws a picture



for David's parents to help them understand what the surgery will do while an interpreter translates. The surgeries will be at Shriners

Hospital in either Spokane or Sacramento.

Jeshua Campos, age 3 years, lives in Nogales, Sonora. One foot



turns inward, and the other foot is deformed. He is a patient in the **Orthopedics Department**.



Olaya Gonzales Solgado, age 3½ years, has a shortened femur in one leg. The doctors in the **Orthopedics Department** will follow

her for 6 months to a year to see if she eventually needs surgery. In the meantime, she will wear lifts in her shoes fitted by personnel in the **Orthotics Department**. Olaya lives in Hermosillo, Sonora.

María Guadalupe Cardenas, age 12 years, has scoliosis and a



leg length discrepancy. She is very active and was showing her physical therapist how she can do lunges. She wears shoe inserts fitted in the **Orthotics Department**.

María lives in Nogales, Sonora. She is a patient in the **Physical Therapy Department**.

Then and Now

Alberto Castillo first came to St. Andrew's Children's Clinic when he was one-year old. He has cerebral palsy. Alberto lives in Hermosillo, Sonora.

Alberto was 8 years old in March 2005. Barb Tracy in the



Physical Therapy Department assessed his stance. He surprised her by walking into The Clinic by himself and without his walker!

Alberto has come regularly to see his physical therapist. He loves to play soccer and basketball even though his walking gait is uneven.

In the photo at the top of the next column, Alberto was age 16 at the October 2012 clinic. He had just been fitted with new shoes in the **Orthotics Department**. The new shoes give him better stability to help him in walking and playing sports.

Alberto's physical therapist, Barb Tracy, retired so Annie Dietrich began working with him. She is shown here with Alberto on his



last day at clinic. (Patients are seen until age 18.) Alberto, his mother, and everyone in the Department shed tears when saying "Good bye."



Clinic Wish List

To donate any of the items below, please call the Clinic office in Green Valley at: (520) 648-3242 or e-mail office@standrewsclinic.org

- AA Batteries for speech/language devices
- Baby food
- Benefiber, Fibersure or Unifiber (non-gelling)
- Blenders
- Clorox wipes
- Disposable diapers (esp. newborn size)
- Eyeglass frames (children's, used)
- Hand sanitizers
- Hearing aids (used) and batteries
- Hydrocortisone 1% ointment
- Milk-based infant formula
- Peanut butter
- Peditasure (generic okay)
- Physical therapy (exercise) balls (45 cm & 55 cm)
- Physio rolls "peanut balls" (30 cm & 40 cm)
- Powdered milk
- Prune juice—small cans only
- Receiving blankets
- Trash bags with drawstring
- Umbrella strollers (available at Wal-Mart)
- Vitamins, children's chewable with iron
- Wipes
- Ziploc bags—quart size only

Volunteer drivers are needed to transport patients from the Border to the Tucson airport and return.

We also need volunteers to answer the telephone in the Green Valley Business Office, file, and do data entry or special projects.

Patients Need Different Services

José Luís Armenta Anguiao, a patient in the **Speech and Language Therapy Department**, is 9 years old and lives in Nogales, Sonora. Therapists are working with him on his articulation.



Eduardo Adargo watches as Manuel Campos shows his mother how he can spell using his new iPad with special communication software. Both boys have Down syndrome with limited speech so the communication device allows them to communicate with family, friends, and teachers. It helps them to have more independence. Both are 15 years old and live in Nogales, Sonora.



Nora Guadalupe Ruiz Olivio is 3 years old and lives in Santa Ana,



Sonora. She has a detached retina, and the doctor will be checking her every 6 months; she might need surgery eventually. She is a patient in the **Vision Department**.

Jesus Durazo Calvario has profound hearing and vision loss. Along with special glasses, he wears a hearing aid. Jesus is a patient in both the **Vision and Audiology Departments**. He is 16 years old and lives in Caborca, Sonora.



Miguel Angel Parada is a patient in the **Audiology Department**. Audiologist Rebecca McKinney checks the fit of his hearing aid. Hearing aids are checked and cleaned on a regular basis. We have two sound-proof hearing testing rooms in a trailer parked behind St. Andrew's Epis-



copal Church and adjacent to the Audiology room.

Patients Need Different Services

Carolina Gonzales Gómez waits for the orthotist in the **Orthotics Department** to adjust her ankle-foot orthoses (AFOs). Carolina is 5 years old and lives in Ciudad Obregon, Sonora.



Vision Department teacher Karen Mulholland shows Jesus Levya, age 4, how to use his first



Braille book. He has retinopathy of prematurity (ROP) due to premature birth.

Mario Alberto Garcia Rodriguez (right) is 9 years old and lives in Caborca, Sonora. He has plantar fasciitis and flexible arches with leg cramps at night. He was fitted with special shoes and arch supports in the **Orthotics Depart-**



ment and was ecstatic because he can now walk pain free!

Please Visit Us

Clinic Day tours for groups of 4-6 people are offered to the public (please see our calendar on the last page). The Clinic takes place at St. Andrew's Episcopal Church, 969 W. Country Club Drive, Nogales, Arizona. Take exit 8 off I-19 to Country Club Drive (the first traffic light) and turn right. You'll see the Church on the left.

Reservations are needed for tours. To reserve your place on a morning tour, please call The Clinic office in Green Valley at: **(520) 648-3242** or e-mail: office@standrewsclinic.org

Each tour will begin with a video overview of The Clinic in operation. Then, a volunteer guide will lead the tour through The Clinic. Visitors are asked to refrain from taking photographs without

permission.

Please note: From the Welcome Table, you will need to walk several hundred yards over our unpaved, uneven and slightly uphill driveway to the Ramada for the video and beginning of the tour. You will find that there are several congested areas in The Clinic. Please give right-of-way to Clinic patients and volunteers. Thank you!

Patients Need Different Services

Occupational therapy patient Luís Alberto Villegas falls a lot so he wears a helmet to protect his head. He is 4 years old



and lives in Nogales, Sonora. He was playing on the floor mats in the **Occupational Therapy Department** while the therapist talked with his mother about how he is doing.

Dr. Vanessa Gildenstern examines Esthefany Valencia Araujo in the **Dermatology Department**. Esthefany has eczema on her face, arms, legs, and trunk. Dr. Gildenstern prescribed



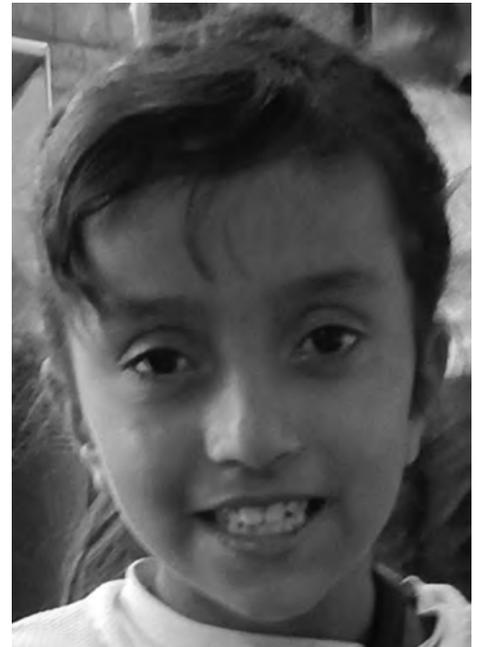
medication for her and has been following her condition for several months. Esthefany is 10 and lives in Nogales, Sonora.

Dr. Amy Davis examines Alfonso Ching Careaga in the **Vision Department**. Alfonso is far sighted and has astigmatism in



both eyes. He needs glasses for reading and working on the computer but not for playing with his friends. Alfonso is 8 and lives in Nogales, Sonora.

Monseratt Lozano, age 8, lives in Nogales, Sonora. She is a



patient in the **Augmentative/ Alternative Communication Department**. She has apraxia of speech. With the help of an i-Pad and special communication software, she is learning to speak and sing. She is very happy now!

2014 Fundraiser Results

Fitzsimmons Recital in March	\$ 2,561
Music & Miracles in June	\$ 18,455
Wine & Cheese Among the Trees in December	\$ 7,260

e-Script—Another Way to Give to The Clinic

It's easy to register St. Andrew's Children's Clinic as a beneficiary with the e-Script program—automatically donating a percentage of your purchases to The Clinic.

Grocery, online and restau-

rant purchases all qualify when you register your loyalty card or credit/debit card. Ask your merchant(s) if they participate and what is their procedure. For example, you can register at Safeway by telephone: 1-800-400-7878,

press 2 and a real person will ask for your Safeway Club Card number and your address.

Online, go to www.escrip.com and follow "Make a Difference in Four Easy Steps."

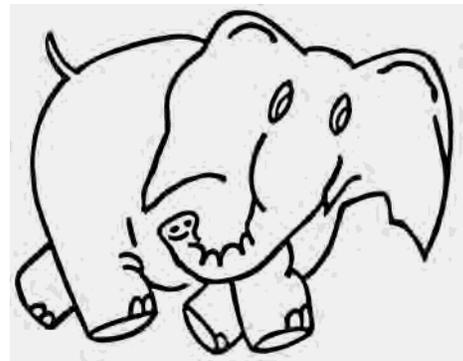
White Elephant Parade

Ghosts and Goblins Celebrate the Elephant's 51 Years" is the theme of the White Elephant Parade this year on Saturday, October 31.

The parade route is scheduled for 10:00 a.m. and will traverse La Cañada Dr. from Esperanza to Paseo del Prado. There will be about 100 entries.

Please turn out to support the Parade and watch for our float. We will be trying to bring home first-place prize for the third year in a row.

We receive a sizeable donation from the White Elephant each year so we are proud to participate in this parade.



Awards for St. Andrew's Children's Clinic Volunteerism

In March 2015, Vicki and Jim Fitzsimmons received the Community Service Award for their volunteerism with St. Andrew's Children's Clinic. This was awarded by the Madera Chapter of the Daughters of the American Revolution in Green Valley, Arizona. In accepting the award, Vicki and Jim shared information about The Clinic with the audience.



If you have received an award or recognition for your volunteerism at St. Andrew's Children's Clinic, please contact Vicki Fitzsimmons at: vickifitz@cox.net. We want to compile a listing of awards for our Web site.

Support The Clinic and Win a Mustang

The Jim Click Automotive Team is sponsoring a unique donation opportunity for local charities. They are raffling a 2015 Ford Mustang 50th Anniversary Edition with the total ticket price going to the charity of your choice. Only 1,964 of these cars were produced.

To buy your ticket and benefit St. Andrew's Children's Clinic, contact our Business Office at: (520) 648-3242. Cost: \$25 or 5 tickets for \$100. Board members have tickets for sale, too.



Remember the Clinic with Planned Giving and for Memorials

We now have a Planned Giving brochure that you can request which will give you ideas for how to include St. Andrew's Children's Clinic in your future plans. Contact our business office for a copy: (520) 648-3248; office@standrewsclinic.org.

Looking for a way to honor someone special in your life? A contribution to The Clinic is a nice way to honor someone special—to say thank you, happy birthday, happy anniversary, etc. It will also help patients who need The Clinic's services.

Send your check in the envelope enclosed with this newsletter.

Include the information about the memorial or honoring. The Clinic office will send the person notice of the memorial or honoring. For memorials listed in obituaries, please include the correct name and address: St. Andrew's Children's Clinic, P.O. Box 67, Green Valley, AZ 85622.



**St. Andrew's
Children's Clinic**

La Clínica

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Clinic Calendar

The Clinic meets on the first Thursday of every month except July.

- August 6 (Clinic)
- September 3 (Clinic)
- October 1 (Clinic)
- November 5 (Clinic)
- December 3 (Clinic)

Publisher: St. Andrew's Children's Clinic
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Additional Photographers: Annie Dietrich
and Lynne Albright

Design/print production: Christina Murrietta,
Busy Bee Printers, Green Valley

The mission of St. Andrew's Children's Clinic in Nogales, Arizona is to provide free, specialized medical care to children living in Mexico who cannot get the care or afford the care they need in their home country.

Kylie Sanchez was born with a cleft lip about 1" wide. Kylie was 8 months old when she had surgery at our 2013 Annual Cleft Palate/Cleft Lip Mission in Hermosillo.

Today, Kylie is a beautiful and active two-year-old. She lives with her family in Nogales, Sonora. She can return to The Clinic for speech therapy until age 18 if she needs it.

Kylie's mother is grateful to the doctors and volunteers who helped Kylie to have a beautiful smile. She is especially thankful to St. Anthony's-on-the-Desert Episcopal Church in Scottsdale, Arizona for providing the surgery funding. If your church or organization would like to help a child like Kylie, please contact our business office: (520) 648-3242 or office@standrewsclinic.org. ¡Muchas gracias!



St. Andrew's Children's Clinic receives funding from individuals, churches, organizations, corporations, and foundations. No government funding is received from either the United States or Mexico. Of donations received, 98% goes to direct patient care.

Cruzando fronteras para ayudar a niños minusvalidos de México